

### Stilo Helmet Sizing

Metric (cm)	54	55	57	59	60	61	63
Size	X-Small	Small	Medium	Large	Large Plus	X-Large	XX-Large
Measurement (in)	21 - 21.25	21.25 - 21.5	21.75 - 22.5	22.75 - 23.25	23.25 - 23.5	23.5 - 24	24 - 24.75

An effective helmet is one that fits properly. Have an assistant use a measuring tape, or a piece of string to measure the circumference of your head starting at a point approximately one inch above the eyebrows in front, around a point in the back of the head that results in the largest possible measurement, and finally wrapping back to the front. It is a good idea to take several measurements to make sure you have the largest one.